#### HEY FEMALE SOCCER PLAYERS-

The captains have organized the following out of season events- check them out:

### **Upcoming Events**

# September 11th- Support the Boy's!

Come and support the boy's soccer team at their home game against Notre Dame.

The game begins at 6:30; this is a great opportunity to meet members of the team and sit together as we support the boy's program.

Be sure to wear your De Pere Redbird apparel! As a team we are hoping to attend as many of the home games as we can (check out the De Pere Soccer website for game times and locations)!

# Fall Scrimmages/September 17<sup>th</sup>

We would like to make sure to maintain our touch and conditioning level through-out the fall and winter. Beginning Wednesday, September 17<sup>th</sup>, we will be scrimmaging at Jim Martin Park every Wednesday (until it snows of course). We will meet in the Atrium at 3:20 and then carpool over to Jim Martin for 3:30. Plan to spend an hour or so scrimmaging. This is a wonderful opportunity to meet your new teammates and develop coherence prior to the season ever beginning.

#### Fall/Winter Indoor

Last year we had three teams that competed in the indoor sessions. It was very apparent to all players and coaches the impact this had on our success during the season. We will be compiling teams to play in these indoor sessions prior to our season beginning. Games are played on Sunday afternoons and evenings. Make sure to keep your eyes and ears open for information about indoor from your captains.

## **Preseason Team Building Events**

We have learned the value of team synergy in the past, and are excited to get a start on building our new team as early as possible.

We know that being a new player can be intimidating, but we want ALL soccer interested girl's to come and get-to-know each other. Even if you don't know anyone, we will welcome you with open arms and do our best to make you feel at home!

SO SAVE THE DATES:

- September 25<sup>th</sup> Team Bike Ride Meet at the High School at 4:00
- October 29<sup>th</sup> Pumpkin Carving
  Meet at Jim Martin Park at 1:20 (after the early release) and be sure to bring a pumpkin, carving utensils and a garbage bag! Snacks will be provided!
- November 21st Game Night

Meet at Jackie Ebert's house around 6:00 (we will meet at the high school at 5:45 for anyone who does not know where Jackie lives). We are asking each of the seniors to bring their favorite game to play and each of the juniors to bring a snack to share!

- Also, we will be drawing names for our *I*<sup>st</sup> ever **Secret Soccer Santa's!** Don't miss this!
- December 12<sup>th</sup> Secret Santa Dinner
  We will be having dinner at Legend's around 6:00.
  This will be the big Secret Santa reveal!
- February 21<sup>st</sup> Sledding!!!
   Meet in the high school parking lot at 1:00 on the 21<sup>st</sup>. Make sure to dress warmly and bring your sled!

## Winter Captain Conditioning and Scrimmages

Information about these scrimmages will be given after Christmas Break and will begin in January. Scrimmages will take place on Saturday mornings in the High School Gym. There will also be conditioning opportunities on Tuesdays and Thursdays after school.

More information will follow.

### 2009 Soccer Schedule

Dates for the 2009 schedule are subject to change, but can be viewed at www.viewmyschedule.com. Practices will begin on March 16th. Spring Break runs from April 10<sup>th</sup> – April 19<sup>th</sup>; following the same procedures as previous seasons, there will be mandatory practices from April 15<sup>th</sup> – April 19<sup>th</sup>.

## **Miscellaneous Information**

Preseason Clinic: We are planning to have a preseason clinic again this season, as it was a tremendous beginning to last season!

It will run after school March 9<sup>th</sup> – 12<sup>th</sup>. As more definite plans are made, we will provide more information.

Fundraising: We will be supporting the booster club again this season by working in the concession stand during two football games. Returning players will be assigned to either the game on October 10<sup>th</sup> or October 17<sup>th</sup>. It will be your job to switch dates with someone if needed.